JULY 2024

ACADEMIC INSIDER





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UNDER THE DIRECTION OF



Jessica Martin, MD, MSHA
Senior Vice President of Medical Education
Designated Institutional Official

2024 GME ORIENTATION



We are thrilled to announce that DHR Health has welcomed 34 additional residents to the DHR family, for a total of 78 residents for the upcoming 2024-2025 academic year. This exciting development marks a significant milestone in our commitment to providing exceptional healthcare services and training the next generation of medical professionals.

At DHR Health, we take great pride in our dedication to excellence in patient care, education, and research. The addition of these talented individuals to our team further strengthens our ability to deliver high-quality healthcare services to the residents of the Rio Grande Valley. Thank you for your continued support and trust in DHR Health Graduate Medical Education.

PROGRAM HIGHLIGHTS

GRADUATE MEDICAL EDUCATION



Over the past two months, our DHR Health **UROLOGY** residency program has achieved notable successes that we are excited to share.

We are delighted to welcome **Dr. Jonathan Afari** as our newest PGY-1 resident. His arrival marks a significant milestone for our Urology department, bringing our residency program to *full complement*. Dr. Afari's addition signifies the continued growth and vitality of our residency program and we look forward to a productive and dynamic year ahead.

In addition, we are proud to announce that **Dr. Octavio Herrera**, our PGY-4 resident, has been selected to present his abstract, "Complete Transabdominal Excision of Complex Sacrocolpopexy Mesh Erosion: An Open Approach is Safe and Effective," at the **2024 International Continence Society (ICS) conference in Madrid**. Scheduled for October, Dr. Herrera's presentation will be a historic first for a DHR Health resident on the international stage.

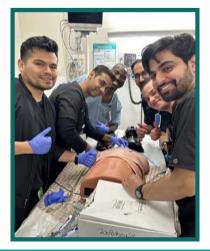
Furthermore, we are thrilled to report that **Dr. Maria Veronica Rodriguez Padron**, our PGY-5 Chief Resident, successfully matched into the prestigious **Pediatric Urology Fellowship at Emory University** on June 27, 2024. This significant achievement highlights Dr. Rodriguez Padron's exceptional skills and dedication to the field of urology, reflecting her hard work and commitment throughout her residency. We are incredibly proud of her accomplishment and look forward to seeing the valuable contributions she will bring to the field of pediatric urology as she embarks on this new chapter of her career.



Wow!

In July, the **EMERGENCY MEDICINE** Residency Program proudly hosted its monthly simulation seminar, focusing on **critical airway management**. This immersive session was held in the trauma bay, offering residents a realistic environment to tackle high-stakes scenarios involving airway management. The program's commitment to hands-on training and experiential learning was evident in the engaging and impactful nature of this simulation seminar. Residents had the opportunity to apply their knowledge and expertise in a dynamic setting, further preparing them for real-life emergency situations.







PROGRAM HIGHLIGHTS

GRADUATE MEDICAL EDUCATION



The **FAMILY MEDICINE** Residency Program commenced the 2024-2025 Academic Year with **Dr. Laura Rivero**, PGY-2, recently addressed the *DHR Health Partnership* on Thursday, July 11. As a new DHR Health resident, Dr. Rivero brings a fresh perspective and valuable expertise to the medical community. Her presentation showcased her dedication to patient care and commitment to furthering her medical knowledge. We look forward to witnessing her continued growth and contributions to the DHR Health community.

FAMILY MEDICINE core faculty member, **Dr. Sujan Gogu**, recently spearheaded an engaging splinting & casting workshop for the family medicine and emergency medicine residents. This hands-on session provided residents with a valuable opportunity to to practice and refine their techniques, further enhancing their proficiency in splinting and casting procedures. The workshop not only fostered a collaborative learning environment but also empowered residents to deliver high-quality care to their patients with confidence and precision.





The **GENERAL SURGERY** program would like to congratulate **Dr. John Reilly** on his outstanding achievement of matching to the **Hand Surgery fellowship at the University of Buffalo.** His dedication and hard work have truly paid off, and we are excited to see the incredible contributions he will make in this specialized field.

Additionally, we are proud to celebrate the first graduate of the **GENERAL SURGERY** residency program, **Dr. Rebekah Huckeby**. Her perseverance and commitment have been truly inspiring, and we look forward to witnessing her continued success in her surgical career.







PROGRAM HIGHLIGHTS

GRADUATE MEDICAL EDUCATION



Dr. Samuel Serna, Program Director is pleased to announce that as of July 1, 2024, Dr. Carlos Orfanos, Dr. Sehar Farooq, and Noel Garza have ioined **RADIOLOGY** DIAGNOSTIC Residency Team. Our PGY-2 and board-certified internal medicine resident, Dr. Jorge Nadal, will lead the new residents. With these additions, our residency team now totals four residents. Our PGY-1 residents have begun their rotations and are collaborating with other specialties.



Dr. Noel Garza working collaboratively with the Emergency Medicine team. We look forward to their contributions and the continued growth of our team.

July marks a special time for the **INTERNAL MEDICINE** residency programs, as they extend a warm welcome to 12 new PGY-1 residents who are joining the DHR Health family and embarking on this exciting journey.

We are thrilled to have you join the DHR Health family. Your journey here will be both challenging and rewarding, and we are committed to supporting you every step of the way. As you embark on this new chapter, remember that you are part of a dedicated community of professionals who are here to guide and mentor you. We look forward to seeing all the amazing contributions you will make.















GRADUATE MEDICAL EDUCATION

(BOTTOM ROW, LEFT TO RIGHT) **DR. NARESH PUROHIT:** INTERNAL MEDICINE, **DR. VIANIS CAROLINA BRAVO:** INTERNAL MEDICINE, **DR. REBEKA HUCKEBY:** GENERAL SURGERY, **DR. JONATHAN GYEBI-AGYEPONG:** INTERNAL MEDICINE (TOP ROW, LEFT TO RIGHT) **DR. AMBROSIO HERNANDEZ:**SURGICAL CRITICAL CARE FELLOWSHIP, **DR. KALYANA MONDRETI:** INTERNAL MEDICINE

2024 GRADUATION

DHR Health celebrated a significant milestone on June 15, 2024 with its inaugural Graduate Medical Education (GME) Graduation ceremony, honoring six graduates from the fields of Internal Medicine, General Surgery, and Surgical Critical Care.

The ceremony marked a momentous occasion for the institution as it recognized the hard work and dedication of these accomplished individuals. This event not only celebrated the academic achievements of the graduates but also highlighted the commitment of DHR Health to excellence in medical education and patient care in the Rio Grande Valley.





Jonathan Gyebi-Agyepong, MD
Internal Medicine

Dr. Jonathan Gyebi-Agyepong was born in the United Kingdom and later relocated to Ghana in West Africa during his early years. He pursued his basic education all through to medical school in Ghana, graduating from the University of Ghana Medical School in 2017. During his time at the university, he demonstrated strong leadership skills by serving as the President of the medical students' association, overseeing a large student body of over 2,000 individuals and had a successful tenure. Driven by his love and passion for internal medicine, Dr. Gyebi-Agyepong embarked on his residency journey three years ago at UTRGV-Knapp, where he spent the initial two years before transferring to DHR Health to complete his final year. Throughout his medical training, he actively engaged in various local and state conferences, including the **Texas Chapter of the American College of Cardiology**, where he presented multiple case reports. Dr. Gyebi-Agyepong is excited to advance to the next phase of his career working as a hospitalist with DHR Health.

Outside of his professional endeavors, he finds joy in his marriage and is a proud parent to a wonderful toddler and a newborn baby boy.

GRADUATE MEDICAL EDUCATION



Kalyana Mondreti, MD Internal Medicine

2024 ALUMNI

Dr. Kalyana Yashasvi Mondreti, a graduate of the NRI Institute of Medical Sciences in Visakhapatnam, India, has a strong academic background in medicine. His research interests lie in leading Quality Improvement (QI) projects, with active participation in two significant projects during his residency. Throughout his career, Dr. Mondreti has made notable contributions to the field of internal medicine. He has published case reports in prestigious journals such as the **American College of Gastroenterology Journal and the American College of Physicians - Texas Chapter**. Additionally, his involvement in a QI project published in **The Journal of Community Hospital Internal Medicine Perspectives** displays his dedication to improving healthcare practices. Dr. Mondreti's commitment to internal medicine and his dedication to improving healthcare practices through QI projects highlight his passion for continuous learning and contribution to the medical community.

Vianis C. Bravo, MD
Internal Medicine Residency Program

Dr. Vianis Bravo is a dedicated first-generation Venezuelan immigrant who earned her undergraduate degree in molecular biology from the University of Central Florida. Driven by her passion for medicine, she went on to earn her medical degree from the San Juan Bautista School of Medicine in Puerto Rico. Dr. Bravo feels blessed to have completed her residency training at DHR Health, where she has not only gained valuable medical experience but also developed a profound understanding of the unique health needs of this community. Alongside her professional achievements, Dr. Bravo is most proud to have accomplished all of her dreams of becoming a doctor later in life while raising her two now young adult children. Dr. Bravo is committed to delivering dedicated and compassionate care to her patients and strives to make a positive impact on the lives of her patients.





Naresh Purohit, MD Internal Medicine

Dr. Naresh Purohit, a native of California, embarked on his academic journey at the University of California, San Diego, where he established the groundwork for his career in healthcare. Following the completion of his undergraduate studies, Dr. Purohit pursued his lifelong ambition of becoming a physician at St. George's University School of Medicine, culminating in the completion of his Internal Medicine training here at DHR Health. With a keen interest in primary care, Dr. Purohit envisions a future where he can serve as a trusted physician, fostering long-term relationships with his patients and promoting their overall well-being. Outside of his medical profession, Dr. Purohit treasures moments with his family and seeks relaxation through activities like basketball, football, and tennis, both as a player and a spectator. Dr. Purohit's unwavering dedication to medicine, coupled with his passion for community and family, embodies a comprehensive approach to patient care. As he continues to evolve in his career, he remains committed to making a positive difference in the lives of those he serves, guided by the principles of compassion, integrity, and excellence.

GRADUATE MEDICAL EDUCATION



Rebekah Huckeby, MD General Surgery

2024 ALUMNI

Dr. Rebekah Huckeby is the Chief General Surgery Resident at DHR Health preparing to transition into a Trauma Critical Care fellowship. Throughout her residency, she has proven herself as a dedicated surgeon with a genuine commitment to patient well-being.

Rebekah's passion for the outdoors serves as a counterbalance to her demanding profession. When she is not in the hospital, you can find her enjoying the simple pleasures of whitewater rafting and skiing. These activities provide her with a much-needed escape and an opportunity to recharge her batteries.

As she graduates and moves into her trauma critical care fellowship at **The University of Arizona in Tucson**, she brings with her a blend of surgical expertise and a love for adventure. Her down-to-earth nature and hands-on approach make her a valuable asset in any situation, whether it is navigating a turbulent river or managing a critical patient in the ICU.

Ambrosio Hernandez, MD Surgical Critical Care Fellowship

Dr. Ambrosio Hernandez is board certified by the American Board of Surgery in Pediatric Surgery, General Surgery, Metabolic Bariatric Surgery, as well as Quality Assurance and Utilization Review Physicians. He earned his medical degree from the University of Michigan Medical School and completed a general surgery residency specializing in pediatric surgery at the University of Texas Medical Branch at Galveston. Driven by a passion for continuous learning, Dr. Hernandez later pursued postgraduate training at the Cleveland Clinic, where he specialized in Laparoscopic Bariatric Surgery and obtained certification for the American Board of Quality Assurance and Utilization Review Physicians.

Currently, Dr. Hernandez serves as the Chief Compliance Officer and a member of the Board of Managers at DHR Health. Dr. Hernandez is also set to become DHR Health's inaugural Surgical Critical Care Fellow, distinguishing himself as the sole Pediatric Surgeon in the Rio Grande Valley certified in Surgical Critical Care. This milestone appointment will see him assume the role of Trauma Director at Driscoll Children's Hospital in Edinburg, TX, as he is determined to make an impact on pediatric trauma care, ensuring that every child receives the highest standard of medical attention. Behind Dr. Hernandez's remarkable achievements stands the unwavering support of his wife, Cristina, and their son, Joseph Matthew.









GRADUATE MEDICAL EDUCATION

Inaugural Graduate Medical Education Graduation Ceremony Class of 2024

































GRADUATE MEDICAL EDUCATION

The **GRADUATE MEDICAL EDUCATION OFFICE** was delighted to host the 2024 new Resident Orientation, where 34 talented residents joined our DHR health family. The orientation was a dynamic and engaging experience, setting the stage for a successful journey ahead.

Fireside chats led by Program Directors provided valuable insights and guidance, while resident panels and Q&A sessions offered a platform for open dialogue and knowledge sharing. Presentations from active residents and GME faculty enriched the learning experience, offering valuable perspectives and expertise.

As a special highlight, Wellness Friday focused on the importance of self-care and well-being, emphasizing the leadership approach to resident training at DHR Health.

We are thrilled to welcome our new residents and look forward to supporting them on their journey towards excellence in healthcare.







2024 ORIENTATION

























GRADUATE MEDICAL EDUCATION



The annual **DHR Health Fiesta**, which was held on June 3, 2024, is a cherished tradition that celebrated our incoming GME residents and introduced them to our health system and the rich culture of the Rio Grande Valley. The event was a true reflection of our **board members and GME** coming together to welcome our new residents to our healthcare community.













At the monthly **DHR Health Partnership meeting**, the spotlight was on the new residents as they were warmly welcomed into the DHR Health family. Resident testimonials resonated with the audience, highlighting the supportive environment and opportunities for growth that DHR Health provides to its residents. As the new residents embark on this chapter of their medical careers, they are met with open arms and a community dedicated to their success

and well-being.





2024 PARTNERSHIP MEETING

